

Ehzz Bulletin 05

December 7th, 2017

It has been a long time since I updated the bulletin, but not for lack of thought. I just rarely feel like I have something of importance to share. But every once in awhile I get inspired, so here you go:

1. The greatest purchase of 2017 is perhaps a bit personal, but has to go to the Luxe Bidet Neo 120 (https://smile.amazon.com/gp/product/B00JG2DETM/ref=oh_aui_search_detailpage?ie=UTF8&psc=1). This thing is a personal comfort item, but one I miss whenever away from home. Why bidets never caught on in the United States, I will never understand. The difference between wiping and washing is stark. (Think: wiping peanut butter off a plate verse washing it.) I first became aware of bidets from the film "Crocodile Dundee". They turned Bidets into a joke, so that is what I thought they were. Then, while studying abroad in Italy, the apartment bathroom had one, which I largely ignored, except when it came time to rinse out my mop. Then during my travels in Asia, I once again saw washing as the primary way of "taking care of business," and thought maybe there is something to it. Finally, I got an Iranian roommate who practiced *Qadaa' al-Haajah* (Toilet Etiquette) and had a *lota* (pitcher for personal hygiene) in each bathroom. This pushed me over the edge, and I finally bought my own bidet system. The Luxe Neo 120 was a compromise between cost and comfort. There are hundreds of options to choose from, but the 120 does the job and I have never felt better. The only warning is the pressure is a little higher than it probably should be, but with careful valve opening, it does the job perfectly. Nevertheless, a life changing product like this for only \$25 and about 15 minutes of labor, is a no brainer. I had to share it with you all.
2. I have been loving Derik Siver's blog for over a year now (<https://sivers.org/>). I directed you to a podcast featuring him in a past Bulletin. His website is straight to the point. His posts are short, easy to read, but not simple. They will get you thinking. Scroll down a bit to "Popular Articles" to get started. His website is also the inspiration for mine, so you will see some similarities. Don't worry about the similarities though, he has looked at my site, and approves.
3. Brewery News: Throughout November, I brewed a Belgian single for the sole purpose of getting a huge yeast cake to pitch in my Evil Empire Export Belgian Stout. It is fermenting now and will be ready soon!
4. It is also time for me to be thinking forward to what King Cake. I will be baking this year. I may continue to perfect the Bacon Maple that I made last year. It could definitely be improved.